

MAIN CHARACTER EGO DEFENSE MECHANISMS IN NOVEL MARYAM BY OKKY MADASARI: STUDY OF LITERARY PSYCHOLOGY

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Abstract

This study was inspired by the novel Maryam which is one of the interesting novels to study in literary studies. Self-defense is a form of protecting oneself from external threats. The purpose of the research is the formulation of a sentence that indicates the existence of a result or how something will be obtained after the research is completed. The research objectives will be able to be achieved in a study and will be previously written in a research proposal and research report. The type of research used is qualitative research. The data in this study are texts about ego defense in the novel Maryam by Okky Madasari. The source of the data in this study is the novel Maryam by Okky Madasari which was published for the first time by Gramedia Pustaka Utama Publisher, a member of IKAPI Jakarta 2012 and the fifth printing in May 2021. The data was collected using a triangulation (combined) technique. Triangulation is defined as a data collection technique that combines various data collection techniques and existing data sources. Based on the research results, the ego defense contained in the novel Maryam by Okky Madasari includes the relationship between the human ego, the social environment and humans with God. These types of ego defenses are then conveyed through ego defense mechanisms in literary works. The ego defense mechanism is conveyed through a series of Maryam novel stories based on nine types of ego defense, namely repression, sublimation, projection, displacement, rationalization, reaction formation, regression, aggression and apathy. Fantasy and Stereotypes. Meanwhile, it turns out that the ego defense contained in Maryam's novel gets twenty-three data.

Keywords: Mechanisms, Novels, Literary Psychological Studies

Abstract

Kajian ini terinspirasi dari novel Maryam yang merupakan salah satu novel yang menarik untuk dikaji pada kajian kesusastraan, Pertahanan diri adalah bentuk melindungi diri dari ancaman-ancaman eksternal. Tujuan penelitian

merupakan rumusan kalimat yang menunjukkan adanya suatu hasil atau bagaimana sesuatu akan diperoleh setelah penelitian selesai dilakukan. Tujuan penelitian tersebut akan mampu dicapai pada suatu penelitian dan sebelumnya akan ditulis dalam proposal penelitian serta laporan penelitian. Jenis penelitian yang digunakan adalah penelitian kualitatif. Data dalam penelitian ini adalah teks tentang pertahanan ego dalam novel Maryam karya Okky Madasari. Sumber data dalam penelitian ini adalah novel Maryam Karya Okky Madasari yang diterbitkan pertama kali oleh Penerbit Gramedia Pustaka Utama anggota IKAPI Jakarta 2012 dan cetakan kelima Mei 2021. Data yang dikumpulkan dengan menggunakan teknik triangulasi (gabungan). Triangulasi diartikan sebagai teknik pengumpulan data yang bersifat menggabungkan dari berbagai teknik pengumpulan data dan sumber data yang telah ada. Berdasarkan hasil penelitian, pertahanan ego yang terdapat dalam novel Maryam karya Okky Madasari mencakup hubungan ego manusia, lingkungan sosial dan manusia dengan Tuhan. Jenis-jenis pertahanan ego tersebut selanjutnya disampaikan melalui mekanisme pertahanan ego dalam karya sastra. Mekanisme pertahanan ego tersebut disampaikan melalui rangkaian cerita novel Maryam berdasarkan dari sembilan jenis dari pertahanan ego tersebut yaitu represi (repression), Sublimasi, Proyeksi, Pengalihan (Displacement), Rasionalisasi (Rationalization), Reaksi Formasi (Reaction Formation) Regresi, Agresi dan Apatitis, Fantasi dan Stereotype. Adapun ternyata pertahanan ego yang terdapat dalam novel Maryam mendapatkan dua puluh tiga data.

Keywords: Mekanisme, Novel, Kajian Psikologi Sastra.

1. INTRODUCTION

Self defense is a form of protecting oneself from external threats. The most primitive defense against external threats is the denial of reality. When a person tries to deny a disturbing reality by refusing to acknowledge it. In modern life, humans try to increase the satisfaction of life and therefore adjustment is needed. (Minderop, 2018:29).

One type of work of fiction is a novel. Novel is a form of literary work which is usually called fiction. Freud used the term defense mechanism to refer to a person's subconscious processes that defend him against anxiety; this mechanism protects it from external threats or from impulses arising from internal anxiety by distorting reality in various ways (Hilgard). The main character is a very important figure in taking a role in a literary work. The main character in novel Maryam is Maryam herself. The ego defense in Maryam's novel can be seen in the figure of Maryam who will defend what her family already has, namely their own home and the faith that has been lived and believed. Maryam is the daughter of Mr. Khairuddin and Buk Khairuddin who comes from Lombok, Gerupuk Village. Maryam and her family live in harmony with the residents in Gerupuk Village. In 2001 Maryam's family received threats from local residents to move immediately from the village because it was only recently discovered that they had adhered to heretical teachings. The Ahmadiyya sect is a belief that Maryam's family has believed in since the time of her grandparents. But now Maryam's family is forcibly evicted by residents from their own homes. Maryam's family after being

expelled from Gerupuk village now lives in Gegerung village. However, the expulsion occurred again after receiving news from other residents that Maryam's family and friends from the same village were driven back from Gegerung village. The incident made it to the TV news. In the end, all the people who adhere to the Ahmadiyah sect in the Gegerung area now live in the Transito building. Residents have robbed their own homes twice. For about five years Maryam's family and other Ahmadiyah members took refuge in the Transito building. Maryam has sent a third letter to the Governor seeking justice for their home rights that were confiscated.

Many good novels can be used as learning about psychology through ego defense. One of the dominant novels showing the psychology of the characters is the novel *Maryam*. Maryam's novel by Okky Madasari is a type of literary work in the form of a novel which was published for the first time by the Gramedia Pustaka Utama publisher, a member of IKAPI Jakarta 2021 and the fifth printing was in May 2021. Okky Madasari is a writer who is known for always voicing social criticism through his works. Okky is the winner of the 2012 Khatulistiwa Literary Award and for three consecutive years his works have always been included in the top five of the award. His works have been translated into English, German and Arabic. The works of fiction he wrote are *Entrok* (2010), *86* (2011), *Maryam* (2012), *Pasung Jiwa* (2013), *The Last Crowd* (2016), *The Survivors and Perish Slowly* (2017), and the children's novel series *Mata di Tanah Melus* (2018), *Eyes and Secrets of Gapi Island* (2018), *Eyes and Sea People* (2019). As a public intellectual, Okky, who is currently pursuing his doctoral degree at the National University of Singapore, has published the non-fiction book *Genealogy of Indonesian Literature: Capitalism, Islam, and Sastra Resistance* (2019). Her contribution through literature and activism in society has placed her as one of the recipients of the Southeast Asia Women of The Future 2019. There are several relevant studies discussing ego defense in a literary study. Some of these studies include Her contribution through literature and activism in society has placed her as one of the recipients of the Southeast Asia Women of The Future 2019. There are several relevant studies discussing ego defense in a literary study. Some of these studies include Her contribution through literature and activism in society has placed her as one of the recipients of the Southeast Asia Women of The Future 2019. There are several relevant studies discussing ego defense in a literary study. Some of these studies include (Murtiwik, et al (2021) title "Freud Study: The Personality and Defense of the Main Characters in the Novel *As White as the Heart Torn* by Ratu Wardarita" (2021). The results of his research are seen from the theory of personality and defense contained in the novel *Seputih Hati yang Tertora*, one of which is shown through the character Ida Kesuma as a woman who has gone through the storms of married life. The researcher considers Ratu Wardarita's novel *Seputih Hati Torn* about personality structure and defense mechanisms to be an interesting phenomenon in providing a description and contribution to the discourse of literary psychology using Sigmund Freud's psychoanalytic study.

Further research that has been done Simamora, (2021) title "Personality Structure and Ego Defense Mechanisms of Main Characters in Novels From Ambarawa to South Tegal by Bung Smas (2021): Sigmund Freud's Perspective". The results of his research raised the

main themes of the novel From Ambarawa to South Tegal by Bung Smas. Likewise, the story built in the novel From Ambarawa to Tegal Selatan by Bung Smas is set in 1945. This personality structure includes the character's id, ego, and superego. Conflicts that occur due to conflict between the id and superego also form an ego defense mechanism.

2. RESULTS AND DISCUSSION

The type of research used is qualitative research. According to Ratna (2004:46-47) qualitative research is research that utilizes ways of interpretation by presenting them in the form of descriptions. Qualitative research pays attention to natural data, data in relation to the context in which it exists. The method used in this research is descriptive analysis method. According to Ratna (2004: 53) descriptive analysis method is a method that is carried out by describing facts which are then followed by analysis. Etymologically, description and analysis means to describe. So, the subject of this study is ego defense in the novel Maryam by Okky Madasari.

The data in this study are texts about ego defense in the novel Maryam by Okky Madasari. The source of the data in this research is the novel Maryam by Okky Madasari which was published for the first time by Gramedia Pustaka Utama Publisher, a member of IKAPI Jakarta 2012 and the fifth printing in May 2021.

The researcher recorded data related to the research focus, namely the ego defense part in Maryam's novel. Instrument means a tool used to collect data. In qualitative research, the instrument or research tool is the researcher himself (Sugiyono, 2017: 222).

Table of Data Inventory of Main Character Ego Defense Mechanisms in Novel Maryam by Okky Madasari

No	Channel	Figure	Background	quote	Ego Defense							Page
					1	2	3	4	5	6	7	
1												
2												
3												
4												
5												

1. Repression

repression is pushing out unwanted id impulses, from the conscious and back to the subconscious.

2. Sublimation

Sublimation occurs when socially beneficial actions replace feelings of discomfort.

3. Projection

Projection occurs when individuals cover up their shortcomings and the problems they face or their mistakes are transferred to others.

4. Displacement

Diversion is the transfer of feelings of displeasure towards an object to another object that is more likely.

5. Rationalization (Rationalization)

Rationalization is having two goals: first, to reduce disappointment when we fail to achieve a goal. And second, it gives us acceptable motives for behavior.

6. Reaction Formation

Reaction formation is able to prevent an individual from behaving that produces anxiety and can often prevent him from being antisocial.

7. Regression

Regression is that there are two interpretations of regression. First, a regression called retrogressive behavior, namely the behavior of someone who is like a child, crying and very spoiled in order to gain a sense of security and attention from others. Second, a regression called primitivation when an adult acts as an uncultured person and loses control so he doesn't hesitate to fight.

8. Aggression and Apathy

Aggression is a feeling of anger closely related to tension and anxiety that can lead to destruction and assault. Meanwhile, apathy is another form of reaction to frustration, namely apathy by withdrawing and acting as if you are resigned.

9. Fantasy and Stereotype

Fantasy is when we face problems that are so piled up, sometimes we look for solutions by entering an imaginary world, solutions based on fantasy rather than reality. Meanwhile, stereotypes are another consequence of frustration, in which stereotyped behavior shows continuous repetition of behavior.

Data collection techniques are the most strategic steps in research, because the main purpose of research is to obtain data. Without knowing data collection techniques, researchers will not get data that meets the established data standards. Data collection techniques in this study used triangulation techniques (combined). Triangulation is defined as a data collection technique that combines various data collection techniques and existing data sources (Sugiyono, 2017: 224-241).

The technique used in validating data is data triangulation technique. Triangulation is a data collection technique that combines various data collection techniques and existing data sources. Triangulation is necessary because each technique has its own advantages and disadvantages. Thus triangulation allows a more valid capture of reality. The validator in this study was Ibuk Rila Rahma Mulyani, M.Psi, a lecturer in Guidance and Counseling Education.

In qualitative research, data is obtained from various sources, using various data collection techniques (triangulation), and is carried out continuously until the data is saturated. This continuous observation resulted in very high data variations. The data obtained is generally qualitative data (although it does not reject quantitative data), so that the data analysis technique used does not have a clear pattern (Sugiyono, 2017: 243). Analyzing data to obtain ego defense data in the novel.

3. RESULTS AND DISCUSSION

a. Research Findings

After conducting an assessment of Maryam's novel, the writer looked for data related to ego defense, then carried out an analysis so that the results of the research were obtained, and then carried out a discussion. The research results obtained from studying the novel Maryam by Okky Madasari which was published by Gramedia Pustaka Utama Publisher IKAPI members in Jakarta obtained the following results: The main character's ego defense mechanism in Maryam's novel by Okky Madasari. The results of the research are then arranged in the form of a table to be further described in the discussion.

Based on the research results, the ego defense contained in the novel Maryam by Okky Madasari includes the relationship between the human ego, the social environment and humans with God. These types of ego defenses are then conveyed through ego defense mechanisms in literary works. The ego defense mechanism is conveyed through a series of novel Maryam based on nine types of ego defense, namely repression, sublimation, projection, displacement, rationalization, regression, aggression and apathy, fantasy and stereotype.

b. Data analysis

This section will analyze the ego defense in the novel Maryam based on the nine types of ego defense mechanisms described by Minderop (2018: 32-39). This study consists of nine types of ego defense, namely repression, sublimation, projection, diversion. Displacement), Rationalization (Rationalization), Regression, Aggression and Apathy, Fantasy and Stereotype. The nine parts of the ego defense mechanism are as follows.

1. Repression

The task of repression is to expel unacceptable id impulses from the conscious and back from the subconscious. Repression is the foundation on which all ego defense mechanisms work. The purpose of all ego defense mechanisms is to suppress (repress) or push threatening impulses out of consciousness. According to Freud, our childhood experiences, which many experts believe, stem from the sex drive, are too threatening and conflictual for humans to overcome consciously. Therefore, humans reduce the anxiety of the conflict through the ego repression defense mechanism. So repression is an effort to avoid feelings of anxiety, excessive worry about the trauma that was experienced as a child.

Data 1 "Maryam was swept away. She was crying again. But weeping. Shy cry. He hugged his mother tightly. And start making friends with the word "perverted". No matter how often it is said, it will not change anything that has been taught by their parents.

Data 2 "meaning?"**Maryam spoke loudly. His eyes glared.**"Who's bothering? What I have done?". " I do not know anything. I didn't do anything and suddenly called disturbing. Maryam snatched Rohmat's sentence before it was finished."

Some novel quotes that refer to repression.

Data (1) : "Maryam was swept away. She was crying again. But weeping. Shy cry. He hugged his mother tightly. And start making friends with the word "perverted". No matter how often it is said, it will not change anything that has been taught by their parents.

The quote above illustrates that Maryam's character at that time Maryam's friends often came to the house. And they never thought about Maryam's family either. One time a friend asked whose picture was pasted on the television and prayer room. Maram replied that it was a picture of Guhlam Ahmad. Once a friend said that was a picture of Walisongo. Maryam just smiled, neither confirmed nor denied. But when the word "heretical" was attached to the back of the word "Ahmadiyah", Maryam was afraid. Fear of sin. Afraid of the retribution they will receive. Her mother stroked Maryam's head. Maryam's story is not interrupted in the least. Maryamwhile with her mother at Gerupuk village house, Maryam cried and told her that her friend often bullied Maryam at school.

The sentence "Maryam was swept away. She was crying again. But weeping. Shy cry. She hugged her mother tightly and began to make friends with the word heretical" which is the meaning of repression because since then Maryam was used to hearing the word heretical and accepting the circumstances she was in, always holding on to what her parents had taught her. Maryam tried not to listen anymore to the bullies that her friends had said about deviance at school.

Based on Maryam's novel ego defense in the repression section, it can be seen that Maryam is starting to get used to the word heretical, Maryam still adheres to the teachings that her parents have taught her since childhood. Maryam was always encouraged by her mother to stay calm and not think about what Maryam's friends said.

Data (2): "what do you mean?"**Maryam spoke loudly. His eyes glared.** "who's bothering? What I have done?". " I do not know anything. I didn't do anything and suddenly called disturbing. Maryam snatched Rohmat's sentence before it was finished."

The quote above describes Maryam's character at that time on vacation to the beach at Gerupuk where Maryam used to live as a child with her family. Maryam accidentally met her old friend named Nur, then Maryam briefly

went to the small village of Gerupuk to visit Nur's house. Suddenly the head of the RW and Pak Haji came to expel Maryam. Maryam did not accept the words of the head of the RW and Pak Haji. Maryam was angry and glared at them. Until other residents came to see Maryam's anger.

The sentence "Maryam spoke loudly, her eyes bulged" is the meaning of repression because Maryam tried to avoid being afraid of what she had experienced as a child with her family. Maryam did not accept Rohmat's arbitrary words towards her family. Because Maryam still has the right to a house since she was a child in Gerupuk Village.

Based on Maryam's novel ego defense in the repression section, Maryam is not so worried and feels less anxious about what she experienced as a child. Because Maryam and her family still have the rights to the house in the Gerupuk village.

2. Sublimation

Sublimation occurs when socially beneficial actions replace feelings of discomfort. Sublimation is actually a form of diversion. For example, an individual has a high sexual drive, then he shifts this feeling of discomfort to actions that are socially acceptable by becoming an artist who paints naked body models. So sublimation is a form of diversion to something more useful for the uncomfortable feelings you experience every day. For example, the form of a recitation activity or exercise.

Some novel quotes that refer to sublimation.

Data 1 "My father and mother also always took Maryam to Ahmadi recitations. It was there that he often met friends of the same age who also attended public schools. Everyone told each other about their experiences, their fears, but then it all came down to the same determination and courage. Maryam did not falter. Maryam is a complete Ahmadi."

Data (1): "His father and mother also always took Maryam to Ahmadi recitations. It was there that he often met friends of the same age who also attended public schools. Everyone told each other about their experiences, their fears, but then it all came down to the same determination and courage. Maryam did not falter. Maryam is a complete Ahmadi."

The quote above describes the figure of Maryam being in Gerupuk village. Maryam always follows the Ahmadiyya recitation activities. Maryam's parents provide peace for their children so that Maryam can share experiences with one

another and reduce the fear they experience outside of the Ahmadiyya community, such as at school.

The sentence "Mother and father also always invite Maryam to the Ahmadi recitation" and everyone tells each other about their experiences" is a sublimation meaning, because even though Maryam is often bullied at school by her friends who are not Ahmadiyya, Maryam always participates in activities that are held at school. preaching and meeting fellow Ahmadis as well as attending public schools. They tell each other their experiences, their fears, but then they strengthen each other and are brave.

Based on Maryam's novel ego defense in the sublimation section, it can be seen that Maryam filled her useful time by participating in Ahmadiyya recitation activities so that she could tell stories to one another and dispel the fear experienced by Maryam and her friends outside the Ahmadi community. From these recitation activities and sharing stories, Maryam and her friends are more courageous in facing the world outside of Ahmadi people.

3. Projection

Projection occurs when individuals cover up their shortcomings and the problems encountered or the mistakes are delegated to others. The unconscious mechanism that protects us from recognition of these conditions is called projection. We all often encounter unwanted situations or things that we cannot accept by devoting them to other reasons. So projection is a critical or harsh attitude towards others. We realize that this attitude is not appropriate for us to do, but the attitude that is carried out is given the reason that the person deserves it. And we can protect ourselves so that we look better than the conditions we are experiencing.

Data 1 "He said 'heretical'. What else does it mean if not me?". Alam's words stopped when Maryam started to sob. Maryam has lost all words. He was exhausted. Lost energy and hope. Maryam buried her body in the blanket, sobbing."

Some novel quotes that refer to formation reactions

Data (1) "He said 'heretical'. What else does it mean if not me?". Alam's words stopped when Maryam started to sob. Maryam has lost all words. He was exhausted. Lost energy and hope. Maryam buried her body in the blanket, sobbing."

The quote above describes the character Maryam being in a room with Alam. Maryam cried and could not continue to argue with her mother. Then Alam brought Maryam from her mother's quarrel after the lecture that was held earlier.

The sentence "He is tired.Lost energy and hope. Maryam buried her body in the blanket, sobbing." It is the meaning of a formation reaction because Maryam

already feels weak over Mother Nature's treatment of her, who continues to accuse and blame Maryam. Maryam wanted to leave Alam's house as soon as possible.

Based on Maryam's novel ego defense, in the formation reaction section, it can be seen that Maryam felt tired of her mother's treatment and preferred to go into the room to avoid discomfort. Maryam wanted to leave Alam's house as soon as possible.

4. Aggression and Apathy

Feelings of anger are closely related to tension and anxiety which can lead to destruction and assault. Aggression can take the form of direct and diversion (direct aggression and displaced aggression). Direct aggression is aggression that is expressed directly to a person or object which is a source of frustration. Transferred aggression is when a person experiences frustration but cannot express satisfaction to the source of the frustration because it is unclear or untouchable. The perpetrator knows where to strike; while he was very angry and needed something to vent. Attacks are sometimes directed at innocent people or looking for 'scapegoats'. Apathy is another form of reaction to frustration, namely apathy (apathy) by withdrawing and acting as if resigned. So there are two types of aggression, namely direct and diversion of direct aggression, which is anger directed at someone directly. Meanwhile, diversionary aggression is anger that is directed not at the person being addressed but through someone who is with him. Such as friends, husbands, friends and other closest people.

Data 1 "He is angry, he has grudges, he cannot forgive people who undermine his family because they are considered wrong".

Data 2 "**Maryam's emotions peaked.** He felt Mother Nature's sentence was deliberately aimed at him. All this happened because he was full of sin, had lived in error. That was said in front of many people."

Data 3 "What do you mean by talking like that?" **he asked in a high tone.**

Data 4 "**I'm tired, ma'am...** Why is it that until now I still like to mention that I used to be an Ahmadi?"

Data 5 **"Never mind, ma'am... everyone also knows.**What else does it mean if you say the word perverted?"

Data 6 "I'm tired. I'm tired of being blamed. Everything because of me?**Why is everything because I used to be an Ahmadi?"**answered Maryam full of emotion, although not in a high tone.

Data 7**"Ah never mind. Don't play dumb. During this time I have given up a lot.**But don't keep making me a source of trouble. If I'm not pregnant, what will I do?"

Data 8**"Maryam herself never knew what made her suddenly dare to make a decision.**When all the disappointment, anger, hurt, and fatigue can no longer be tolerated."

Data 9**"How can people be kicked out of their own homes?" Maryam asked while looking at Umar.**As if the question was addressed to Umar. In fact, Maryam did not need any answers. That's not a question. But lawsuit. expressions of anger."

Data 10 The house belongs to my grandfather. Built with his own money. The land was inherited from my great-grandfathers. Then passed on to my father. It was built to what it is now from the results of your sweat. Fatimah and I were born and raised there. And now we're just being kicked out?" sued Maryam.**Maryam's voice trembled. Her tears fell. he sobs.**Umar was shocked and confused. He didn't expect Maryam's emotions to change so quickly. He held Maryam's hand. he stroked it. While from his mouth issued a hiss "ssssh". Be patient, Maryam..." he said.

Data 11**"All of you are not human!", "It's you who are lost, not us!", "The house is ours. You are all robbers!"**

Some novel quotes that refer to aggressive and apathetic

Data (1): "He is angry, he has grudges, he cannot forgive those who undermine his family because they are considered wrong."

The quote above depicts the character Maryam being in Gegerung listening to Dzulkhair's story from the Ahmadiyah administrator about the expulsion of Ahmadiyah people from Gerupuk village. Maryam at that time could only listen to the story with great pain. Maryam felt revenge and did not accept it.

Sentence "He is angry, he is vengeful, that is the meaning of aggressive diversion because Maryam harbors what she is feeling through aggressive diversion. Maryam is listening to a story from Dzulkhair, an Ahmadiyah caretaker who Maryam met at the Gegerung mosque. Zukhair told how the expulsion experienced by Maryam's family and other residents from Gerupuk village. Maryam who heard this felt anger and resentment in her heart but was unable to express it widely.

Based on Maryam's novel ego defense, it can be seen that Maryam can only hold back what she is feeling. Maryam was only a little angry at Dzulkhair's story. Maryam felt resentment and did not accept the actions of the Gerupuk residents who had undermined Maryam's family. Forced expulsion.

Data(2): "**Maryam's emotions peaked.** He felt Mother Nature's sentence was deliberately aimed at him. All this happened because he was full of sin, had lived in error. That was said in front of many people."

The quote above describes the character at that time at Alam's house holding a recitation. The contents of the recitation alluded to the heresy that was addressed to Maryam. Maryam was at the recitation and after finishing the recitation Maryam immediately became emotional with Mother Nature and argued and argued. Maryam asked mother Alam about the content of the recitation earlier.

The sentence "Maryam's emotions are running high" has a direct aggressive meaning because Maryam expresses her anger at Mother Nature for continuing to mention Ahmadiyah towards her. Maryam scolded her mother-in-law and fought back, so this is called direct aggression.

Based on Maryam's ego defense, it can be seen that Maryam was angry when she asked about the word heresy and kept mentioning Ahmadiyah. Maryam against her mother-in-law.

Data (3): "What do you mean by talking like that?" **he asked in a high tone.**

The quote above depicts that Maryam is still at Alam's house and continues to argue with Mother Nature. Maryam kept getting angry and wanted to cry. Mother Alam offended Maryam about the contents of the recitation.

The sentence "asked in a high tone". Is direct aggressive meaning because Maryam was emotional asking her mother-in-law directly. Maryam could no longer hold back her emotions seeing mother Alam's attitude.

So the ego defense which showed aggressiveness was immediately seen when Maryam directly spoke to her mother-in-law. Maryam was angry and there was a debate about the contents of the recitation.

Data(4): "**I'm tired, ma'am...**Why is it that until now I still like to mention that I used to be an Ahmadi?"

The quote above describes Maryam's character as feeling tired of her mother-in-law's treatment. The sentence "I'm tired, ma'am..." is the meaning of apathy because at first Maryam was emotional as if she wanted to just surrender to the situation she was in.

So the ego defense that shows apathy can be seen Maryam already feeling tired of her mother's treatment. Maryam lowered her tone and wanted to cry. At first Maryam's emotions peaked as if she wanted to surrender to the situation she was in.

Data(5): "**OK, ma'am...**everyone knows too. What else does it mean if you say the word perverted?"

The quote above illustrates that Maryam's character is still arguing with Mother Nature. The sentence "never mind, ma'am... everyone knows" is a direct aggressive meaning because Maryam is angry with her mother-in-law because her mother's words always offend Maryam. So Maryam felt angry and disappointed with Mother Nature.

Based on the ego defense which showed the aggressive part, it was immediately seen when Maryam denied her mother's explanation. Maryam already knew that the heretical sentence was indeed directed at her.

Data (6): "I'm tired. I'm tired of being blamed. Everything because of me?**Why is everything because I used to be an Ahmadi?**" answered Maryam full of emotion, although not in a high tone.

The quote above depicts Maryam's character continuing to argue emotionally with Mother Nature is endless. The sentence "Why is everything because I used to be an Ahmadi?" is a direct aggressive meaning because Maryam feels bored and sad for her mother's actions which often relate Ahmadi issues to Maryam. Maryam was angry and full of disappointment at the attitude of her mother-in-law and Alam who continued to defend her mother. Maryam continued to be angry with Mother Nature who constantly mentioned Ahmadi issues to Maryam. Mother Nature shouldn't be allowed to corner something that Maryam once believed in just because Maryam was not yet pregnant.

Based on the ego's defense on the aggressive side, it can be seen that Maryam was angry with her mother. As if everything was Maryam's fault who used to be an Ahmadi. Until now Maryam and Alam do not have children.

Data(7): "**Ah never mind. Don't play dumb. During this time I have given up a lot.** But don't keep making me a source of trouble. If I'm not pregnant, what will I do?"

The quote above describes Maryam's character at that time after arguing with her mother-in-law. Alam brought Maryam into the room. Arriving at the room, Maryam returned to arguing with Maryam's husband Alam, that night there was a commotion after Mother Alam holding recitations at home so that Maryam is prayed for to get pregnant soon.

The sentence "Ah... never mind. Don't play dumb. So far I have given up a lot" is an aggressive meaning of diversion because Maryam is still emotional towards Mother Nature seeing her attitude. Maryam vented to her husband Alam when he was in the room. Having offspring is a blessing given by God. We as ordinary people can only pray and try, said Maryam.

In this discussion, it will be put forward regarding the ego defense mechanism in the novel *Maryam* by Okky Madasari, a study of literary psychology using the Minderop theory (2018: 32-39). The word *novellus* is formed from the word *novus* which means new or new in English. It is said to be new because the form of the novel is a form of literary work that comes later from other forms of work, namely poetry and drama (Priyatni, 2012: 124). Psychology comes from the Greek word *psyche*, which means soul, and *logos* which means science. So psychology means psychology or science that investigates and studies human behavior (Minderop, 2018: 3). Based on the description of the data description and data analysis, it will be discussed based on ego defense mechanisms which consist of nine parts.

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5. REFERENCES

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